## F.A.Qs

#### How much does a workshop cost?

Prices depend on lots of things like the size of the group, location, duration etc but prices start from around 2550 for a half day and 2800 for a full day workshop.

### I have specific needs for my clients. Could you adapt the workshop for our requirements?

Absolutely. We can make you a bespoke package which explores anything you wish. We would go through this thoroughly on the phone beforehand.

#### Do you have public liability insurance?

Yep! Also, all our leaders have a DBS certificate and are first aid trained.

### Do you provide the space or will you come to our office?

We ask that you provide a suitable space for the workshop.

#### Who will be leading the workshop?

All our leaders are professionally trained actors with a passion for storytelling and communication.





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# CORPORATE WORKSHOPS

## Public speaking.

When you're asked to present to a group or speak on behalf of a team, this can be a bit daunting when we're not used to this kind of exposure. This workshop will look something like this:

- ice breaker games
- Physical warm up exploring posture and positive body language
- vocal warm ups focusing on projection, diction and intonation
- Scenario based improvisation games
- Prepare, practice, perform: We'll ask you to prepare a short speech which we'll practise during the session. You will then perform your speech to the group with feedback. There is the option to film the speeches and watch back too.

## Team building.

This session explores the important elements of creating a solid team: listening, delegating, trust. Above all else, you'll have a right good laugh! The rough plan for this workshop is:

- group physical and vocal warm up
- Ice breaker games
- Improvisation activities
- Devising task: "Play in a Day". From the first idea, to final performance, you and your team will write, direct and act in your very own short play. We will explore different forms of story-telling in a really creative and imaginative way.





In this workshop, you get to re-enact real work life scenarios and practise those all important skills through role play. Our team of professional actors will devise and prepare semi-scripted scenes based on some real situations such as:

- Dealing with the general public incl.
  "the angry customer"
- Someone in the office falling ill
- An Important interview
- A presentation or pitch

Role playing is such a great way of fully preparing yourself for the real thing and we aim to make the scenes as close to real life as possible with our actors in full character.